

التهاب المفاصل

Arthritis (Joint Pain)

Tibb al-Nabawi Protocol · Authentic Hadith · Prophetic Remedies · Modern Clinical Evidence

Inflammation of joints causing pain and stiffness.

MEDICAL DISCLAIMER: This protocol is for educational purposes only. Consult a qualified physician before applying any remedy or undergoing Hijama therapy. Pregnant women, children, and patients with chronic conditions require specialist guidance. Hijama must be performed by a certified practitioner.

EXHAUSTIVE REVELATION · QUR'AN

وَأَيُّوبَ إِذْ نَادَىٰ رَبَّهُ أَنِّي مَسَّنِيَ الضُّرُّ وَأَنتَ أَرْحَمُ الرَّاحِمِينَ ﴿١٠٩﴾ فَاسْتَجَبْنَا لَهُ فَكَشَفْنَا مَا بِهِ مِنْ ضُرٍّ

"And [mention] Job, when he called to his Lord, 'Indeed, adversity has touched me, and you are the Most Merciful of the merciful.' So We responded to him and removed what afflicted him of adversity."

Surah Al-Anbiya · 21:83-84 — Prophet Ayyub's supplication relates to chronic bodily affliction and pain, which classical scholars including Ibn Kathir interpret as including severe joint and bodily pains that persisted for years.

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