

النقرس

Gout

Tibb al-Nabawi Protocol · Authentic Hadith · Prophetic Remedies · Modern Clinical Evidence

Uric acid crystal deposits causing severe joint pain (especially big toe).

MEDICAL DISCLAIMER: This protocol is for educational purposes only. Consult a qualified physician before applying any remedy or undergoing Hijama therapy. Pregnant women, children, and patients with chronic conditions require specialist guidance. Hijama must be performed by a certified practitioner.

EXHAUSTIVE REVELATION · QUR'AN

يا أيها الناس كلوا مما في الأرض حلالا طيبا ولا تتبعوا خطوات الشيطان إنه لكم عدو مبين

"O mankind, eat from whatever is on earth [that is] lawful and good and do not follow the footsteps of Satan. Indeed, he is to you a clear enemy."

Surah Al-Baqarah · 2:168 — Classical scholars linked gout to excessive consumption of rich meats and immoderate eating patterns, making this verse's emphasis on lawful and wholesome (tayyib) food directly relevant to dietary management of gout.

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We provide: Hijama (Wet Cupping) by qualified practitioners · Ruqyah Shar'iyah · Prophetic Herbal Medicine · 100% Organic Products (Sidr Honey, Ajwa Dates, Black Seed, Indian Costus, Moringa, Olive Oil, and more) · Hijama Diploma Course.