

الوسواس القهري

OCD (Obsessive-Compulsive Disorder)

Tibb al-Nabawi Protocol · Authentic Hadith · Prophetic Remedies · Modern Clinical Evidence

Intrusive thoughts (waswas) and compulsive behaviors.

MEDICAL DISCLAIMER: This protocol is for educational purposes only. Consult a qualified physician before applying any remedy or undergoing Hijama therapy. Pregnant women, children, and patients with chronic conditions require specialist guidance. Hijama must be performed by a certified practitioner.

EXHAUSTIVE REVELATION · QUR'AN

بِاللّٰهِ إِنَّهُ سَمِيعٌ عَلِيمٌ ﴿١٠١﴾ إِنَّ الَّذِينَ اتَّقَوْا إِذَا مَسَّهُمْ طَائِفٌ مِّنَ الشَّيْطَانِ تَذَكَّرُوا فَإِذَا هُمْ مُبْصِرُونَ
وَإِنَّمَا يَنْزَغُنَكَ مِنَ الشَّيْطَانِ نَزْغٌ فَاسْتَعِذْ

"And if an evil suggestion comes to you from Satan, then seek refuge in Allah. Indeed, He is Hearing and Knowing. Indeed, those who fear Allah - when an impulse touches them from Satan, they remember [Him] and at once they have insight."

Surah Al-A'raf · 7:200-201 — Directly addresses intrusive thoughts (waswas) from Shaytan and the method of combating them through immediate refuge-seeking and remembrance.

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