

التهاب الجيوب الأنفية

Sinusitis

Tibb al-Nabawi Protocol · Authentic Hadith · Prophetic Remedies · Modern Clinical Evidence

Inflammation of the paranasal sinuses, often with congestion and facial pain.

MEDICAL DISCLAIMER: This protocol is for educational purposes only. Consult a qualified physician before applying any remedy or undergoing Hijama therapy. Pregnant women, children, and patients with chronic conditions require specialist guidance. Hijama must be performed by a certified practitioner.

EXHAUSTIVE REVELATION · QUR'AN

وَأَنْزَلْنَا مِنَ السَّمَاءِ مَاءً بِقَدَرٍ فَأَسْكَنَاهُ فِي الْأَرْضِ وَإِنَّا عَلَى ذَهَابٍ بِهِ لِقَادِرُونَ

"And We have sent down rain from the sky in a measured amount and settled it in the earth. And indeed, We are Able to take it away."

Surah Al-Mu'minun · 23:18 — Classical scholars applied this verse to the balance of moisture in the body's cavities, including the sinuses, where excess or deficient moisture causes inflammation and blockage.

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